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## Foreword Introduction

- 1 Australian Sandstone Ayers Rock
- 2 Beta Vulgaris Beetroot (decomposed)
- 3 Black Tourmaline
- 4 Blackbird Song
- 5 Bombyx Mori Domestic Silk Moth
- 6 Bornite Peacock Ore (Copper Ferrous Sulphide)
- 7 Boswellia Serrata Olibanum Indicum or Frankincense
- 8 Bursera Graveolens Palo Santo
- 9 Calendula Officinalis Marigold
- 10 Dimethyltryptamine The Spirit Molecule
- 11 Dracaena Cinnabari Dragon's Blood
- 12 Eyjafjallajökull Volcanic Ash
- 13 Fagus Sylvatica Green Beech
- 14 Fallopia Japonica Japanese Knotweed
- 15 Ferrum Magneticum Magnetite; Lodestone
- 16 Ganoderma Lucidum Psilocybecubensis; Red Reishi Bracket Fungus
- 17 Geranium Robertianum Herb Robert
- 18 Geum Urbanum Herb Bennett
- 19 Iron Pyrite Fool's Gold
- 20 Juniperus Communis Juniper Berry
- 21 Leprominium Leprosy Nosode
- 22 Lotus Corniculatus Bird's Foot Trefoil

- 23 Lychnis Coronaria Rose Campion
- 24 Mnium Hornum Swan's Neck Thyme Moss
- 25 Moxa Artemisia Vulgaris
- 26 Ocimum Sanctum Holy Basil
- 27 Phantom Quartz
- 28 Picea Pungens Blue Spruce
- 29 Pineal Gland
- 30 Prunella Vulgaris Self Heal
- 31 Rainwater Chislehurst
- 32 Sarcoscypha Coccinea Scarlet Elf Cup
- 33 Shungite Carbon C60
- 34 Silicon
- 35 Taconite
- 36 Tormentil Quatrefoil

## Acknowledgements

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