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"The Nosodes" (70 pages) contains a unique and extremely complete description of the Carcinosinum, Medorrhinum, Psorinum and Tuberculinum picture in children, infants and adults. The physical as well as mental and emotional symptoms are discussed in detail.

# INDEX

1.	Introduction
2.	Carcinosinum5
	Adult
3.	Medorrhinum16
	Adult16Adolescent29Child29Toddler39Baby40
4.	Psorinum44
	Adult
5.	Tuberculinum52
	Adult
6.	Differential diagnosis

## THE NOSODES

The nosodes belong to the group of remedies that are frequently used in practice, but are poorly represented in the repertory.

Their prescription is almost never based on repertorization.

Most of the time they form a clear picture, based on distinct and intense symptoms.

#### DEFINITION

The word "Nosode" is derived from the Greek "Nosos", which means illness. Indeed, nosodes are prepared from <u>ill</u> tissues or secretions of plants, people or animals (no minerals!).

The four most commonly used nosodes have following origin :

- Psorinum is prepared from the content of the vesicles that we find in case of scurf or scabies.

- Tuberculinum from tuberculosis injuries.

- Medorrhinum from the secretion of gonorrhoea.

- Carcinosinum from an adenocarcinoma of the breast.

The term "Sarcode", which you will find in literature, refers to remedies that are prepared from <u>healthy</u> tissue of animals, plants or people.

#### HISTORY

Hahnemann was not familiar with the term Nosode.

In paragraph 56 of the Organon he mentions and criticizes isopathy.

Isopathy is a method whereby the illness will be treated by a homeopathic remedy that is prepared of the causal matter of the illness. For instance, tuberculosis will be treated with Tuberculinum, a urinary infection will be treated with the dynamized urine of the patient, etc. Administering isopathy is a simple way to be quickly disappointed. Some "homeopaths" go even further and prepare dynamizations of a cocktail of tears, saliva, urine, leucorrhoea, stool, etc.. The results of this therapy are inversely proportional to the number of components in the remedy. In the best way isopathy can be used as a temporary emergency solution. The nosodes were discovered by Clarke and further developed by Henry Allen, Margaret Tyler, Hering, Swann and Burnett.

#### INDICATIONS

1. The symptoms of the patient belong to the pathogenesis of the nosode.

This is called the homeopathic indication of the nosode : the patient's symptoms belong to the proving of the particular nosode. For instance, when one finds Carcinosinum symptoms in the patient, one prescribes Carcinosinum, just like you would prescribe Nux vomica for a patient with Nux vomica symptoms.

2. The main remedy of the patient cannot be found.

In some cases the patient shows too few symptoms in order to make a serious prescription. The symptoms are not very intense, they are vague and unclear.

In these cases it might be interesting to find the chronic miasma and prescribe the corresponding nosode.

Antecedents of cancer for instance can be a motive to prescribe Carcinosinum, a familial anamnesis with tuberculosis will make you look for more Tuberculinum symptoms and you might end up prescribing Tuberculinum.

After administration of a nosode, clearer symptoms may appear. This will allow you to prescribe the correct remedy after all.

3. The remedy found does not work or does not give a satisfactory result.

After administration of the remedy the patient does not feel better, too few symptoms disappear, they come back too soon.

This might be the case when there is a history of suppression by allopathic medication for skin diseases, perspiration, leucorrhoea, etc....

This suppression might cause difficulties for a good result of the homeopathic remedy.

In this case a nosode might solve the problem, a nosode might eradicate the obstacle, so that the correct homeopathic remedy will work properly.

#### DOSE

In most cases high dilutions are used: 200K, 1000K or 10.000K.

With a Psorinum patient with skin problems it might be advisable to start with a low dilution, in order to prevent aggravation.

#### REACTION

Sometimes the administration of a nosode causes an influenza syndrome, a bladder infection, a cold, an eruption etc...

These reactions are mostly benign and will wear off automatically. The administration of another remedy is not necessary.

\* \* \*

## CARCINOSINUM

### ADULT

#### ANTECEDENTS

#### 1) Family

A family history of <u>cancer</u> is an important indication for Carcinosinum, especially when there are several cases on the mother's side of the family or when it occurs in more than one generation.

Tuberculosis, diabetes, pernicious anemia, leukemia, stomach ulcer and gonorrhoea.

I've got the impression that you find a lot of Carcinosinum among the Israelites: oppressed nation, travellers, sensitive to music.

#### 2) Personal

A difficult delivery with injuries of the head (forceps). DD. Head injuries with psychic results: Nat-sulph; with physical results: Arn. Vaccinations: think of Carcinosinum in case of severe reactions to vaccinations or when a lot of vaccinations took place. **Absence of children's diseases.** Ill since puberty. Children's diseases after puberty or at adult age. Infections without fever (lack of reaction). Whooping cough. Lingering hepatitis. Mononucleosis. Gastro-intestinal affections: chronic dyspepsia, vomiting, diarrhoea, constipation, stomach ulcer, worms. Sleeplessness. Juvenile diabetes.

A context of being <u>dominated</u>. For instance a very strict education, so strict that the patient was obliged to take a lot of responsibilities at a young age. Or a marital bond that is a bit too tight.

It is not always the environment that is too strong, it's often the Carcinosinum individual who is too soft, who has a weak personality, an inclination to undergo, to let things happen.

Anger with an inner feeling of grief.

Frequent emotional traumas.

#### **BEHAVIOUR**

Carcinosinum people are, like Medorrhinum and Tuberculinum, passionate, intense and expressive personalities.

Extrovert people who try to control themselves.

They do their everyday business with care, and give themselves completely.

Sensitive, hard-working, stubborn people who love neatness, dancing and travelling.

They have an inclination to touch everything.

Intellectual people with a wide imagination. They give lively descriptions.

#### CLOTHING

They dress neatly.

#### PROFESSION

Intellectuals, students, bookworms.

#### MENTAL SYMPTOMS

#### CONCENTRATION

<u>He forgets simple everyday things and this makes him angry.</u> Clairvoyant. Retards (Med, Syphilinum). Dyslexia. Has a wide imagination, clear delusions.

#### CONVERSATION

They like to talk, with a lot of expression. They scrape the throat before speaking.

#### EMOTIONAL SYMPTOMS

#### ANTICIPATION

A lot of anticipated fear: He wants to do things perfectly, but then realizes about his forgetfulness.

#### ANXIETY

The fears of Carcinosinum make you think of Phosphorus. Animals (dogs, frogs, spiders), scary situations (accidents, TV, ...), busy streets, crowds, dark narrow places, heights, thunderstorms, exams. <u>Worried about the health of close family</u> (as his family is a protective factor). Very worried when people arrive late for an appointment. Fear of cancer. Fear of not getting better. Like Phosphorus, fear of twilight, when the difference between reality and imagination fades away.

#### **COMPANY DESIRE**

Very sociable people.

#### DISCONTENTED

He does his best to do everything perfectly, but the feeling of dissatisfaction still remains. He feels unhappy and becomes indifferent, even towards people who are very close. He is silent, does not want to be comforted, draws back. Aversion towards conversation, does not answer, or gives one syllable answers: "Maybe ..." Thinks he will never get better. Does not like compassion.

#### DUTY, SENSE OF

Exaggerated sense of duty.

#### FAMILY

Strong, deep family bonds.

#### FASTIDIOUS

He is <u>very neat</u>. This is on one hand due to his sense of duty, and on the other hand due to his sensitivity to possible remarks. His self-esteem is very low. He tries to avoid disagreeable comments. Carcinosinum is neat because he needs an orderly, clear and organized life.

Everything should be checked out. This is the counterpart for his natural inclination to passionate and intense activities.

In Carcinosinum it is mainly about order and neatness, not fear of contagion as for Arsenicum.

He can be dirty and messy, but not for things he is interested in or busy with.

There should be neatness and order, especially what his job is concerned.

His personality has to be perfect too. He wants to please people.

He'll do anything to arrive on time.

Think of Carcinosinum with people who have Medorrhinum symptoms in combination with neatness and order.

#### HARDNESS

It is not in his nature to be hard, more the opposite. After a while they try to protect themselves against emotional pain: they become harder, do not accept contradiction, refuse to be comforted, etc....

#### **INDUSTRIOUS**

He has a specific aim in life, because he is not sure he will reach it, he works very hard. He is ambitious and uses all his possibilities. He feels better when busy. He has a great sense of duty, very conscientious. What he does, he does well.

#### IRRITABILITY

Can be irritated by little things. For instance, when there is a bit too much noise when going to bed, or too much light, or the blankets don't lie as they should, he gets irritated.

#### **KLEPTOMANIA**

Is mentioned in literature.

#### MUSIC

Sensitive to music, especially during menses. Can have aversion to music. Crying from music. Dancing, with great sense of rhythm. They like music and dancing. This symptom is very strong in Carcinosinum.

#### RESTLESSNESS

Sometimes he has a feeling of interior haste. The restlessness is a sign of his dissatisfaction.

#### SENSITIVENESS

Carcinosinum is very receptive. He is sensitive to a lot of impressions. Sensitive to music, they can cry from music. Sensitive to animals, <u>they love animals</u> (Aeth, Calc-c, Nat-m), they talk to them. Sensitive to nature: nature lovers, ecologists, they take part in actions to protect the whales, the dolphins, etc.. Sensitive to big events: a waterfall, a parade, the opera of Wagner, it gives them goose-flesh. Sensitive to remarks, he is very touchy (fourth grade in the repertory). He does not accept contradiction.

Sensitive to rough treatment, because he has an open character that does not protect him very well (Phosphor). Every comment goes straight to the heart and hurts.

They love animals, but they don't belong to the group of people who have one or two cats and/or dogs. Order and neatness are too important to them.

#### SEX

Sexuality is well developed. It is not a striking point in the Carcinosinum picture.

Passionate personalities, who are easily sexually excited.

They try to control their passion, they don't want to get into trouble.

They are easily aroused and can let go totally (wild dancing, etc..).

In the beginning of a relationship there is a lot of passion, they are excited. Later on, they try to control themselves, no more fireworks.

#### **SYMPATHETIC**

Very sympathetic, with individuals, as well as with the whole world.

They are especially concerned about the health of other people.

They want to be liked. You can often find a history of taking care of somebody with a serious illness, a lot of worries and grief, etc.

They are too much concerned about others, they help too much, they are overactive.

#### TRAVEL

Desire to travel, as strong or even stronger than in Tuberculinum.

#### WEEPING

They can weep from music. They weep when they talk about their illness.

#### PHYSICAL SYMPTOMS

#### General appearance

Slim, although they often eat a lot.

#### Head

Headaches: feeling of constriction, or pulsating pain in the head, above the right eye.

#### Eyes

Tics (blinking). <u>Blue sclera</u>. Styes. Bleeding retina. Eyebrows that meet in the middle (Thuya). Dark circles around the eyes.

Nose

Hay fever. Chronic coryza. Thick, yellow, burning secretions. Recurrent sinusitis.

#### Face

Facial **acne**. Greasy skin. Sallow complexion. Stiffness of the lower jaw. Grimaces and other tics.

#### Mouth

Stomatitis: sensitivity of the gums and pain of the palate > by cold drinks and < by hot drinks. <u>Biting nails. Bites in the fingers. Plays with the skin around the nails.</u> Sucks his thumb while sleeping.

#### Throat

Scrapes the throat before speaking. Chronic angina. Angina: pain > during the day, from warm drinks and < from cold drinks. Globus hystericus.

#### Stomach-abdomen

Stomach ulcer. Vomiting alternates with diarrhea. Acetonemic vomiting. Car sickness, sea sickness. Stomach pain > through pressure, bending over and hot drinks. Pain in the tummy which appears slowly and disappears or > through pressure and warm drinks. Pain from constipation. Pain from 4 till 6 p.m. Burning pain at the height of the Colon Ascendens. Alternation of vomiting and diarrhea. Empty feeling in the umbilical region. Intolerance of gluten. Worms. Prolapsus. Ano-rectal fissures and fistulae (50 % Carcinosinum according to Vithoulkas). Hard and dry stool. Constipation without urge for defecation.

#### Urinary organs

Proteïnurie. Granular cylinders.

#### Genitals

Ovarian cysts. Uterus fibroids. Flushing during menopause. Early menarche.

#### Respiration

Coughing from itching of throat pit. The cough aggravates when taking off clothes, laughing, talking, singing, yawning, bathing, shaving, eating, warmth and cold. Pressure on the chest, with inclination to breath deeply (Kent: 80, 775, 766). Breastneo.