

A Dynamic Materia Medica of the Noble Gases

KRYPTON

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ABOUT THE AUTHOR



Jeremy Sherr has practised and taught homoeopathy internationally since 1980. He is founder of ‘The Dynamis School for Advanced Homoeopathic Studies’, the longest running postgraduate course in the world.

He has conducted 45 classical homoeopathic provings and is the author of *The Dynamics and Methodology of Homoeopathic Provings*, *Dynamic Materia Medica – Syphilis*, *Dynamic Provings Volumes I and II*, *The Repertory of Mental Qualities*, and *The Dynamic Materia Medica of the Noble Gases – Helium, Neon, and Argon*, and the forthcoming *Adaptive Translation of the Organon*, and the *Dynamic Treatment of Epidemics*. He has published numerous articles on homoeopathy and has conducted several research programmes. In addition to his homoeopathy credentials, Jeremy holds a degree in traditional Chinese medicine and has honorary professorships in several international universities.

Since 2008 Jeremy and his wife Camilla have been living in Tanzania where they have organised rural clinics and are working in local hospitals. They have treated tens of thousands of AIDS and other patients with classical homoeopathy, set up educational and food programs, and established a day care centre for children with AIDS.

In December 2022, Jeremy published his first middle-grade fiction title, *The Noble Adventures of Beryl and Carol* for which he was awarded the Pencraft Best Book Award 2024, the Children’s book international best adventure and best bedtime story 2024.

PREFACE

*What man has written, man may read,
But God fills every root and seed,
With cryptic words,
To strangely set,
For mortals to decipher yet.*

Charles Dalman⁴

This book has several aims. Other than teaching the remedy Krypton, it carries on the journey of the noble gases, which in turn illuminates the entire periodic table. Furthermore, this is a practical manual of how to turn a proving into *Materia Medica*, to learn how to weave the web of meaning and perceive the connection on every possible level. Yes, it is hard work. But learn how to do it once, and it will help all your remedy and case analyses and syntheses, the route to mastery.

Krypton is a remedy for our times. It is one of the most fascinating remedies that I have ever proved, providing many clues to the secrets of the universe, space and time, mind, language, and our inner nature, if only we can decipher the code. It is also one of the most intellectually demanding. So, get the wheels of your brain revolving, as we set out on the cryptic journey of Krypton.

After each proving at the Dynamis School we hold a provers' meeting at which the provers and supervisors recount their experiences. At the end of this process, and before revealing the substance, I ask the class to guess the remedy, a riddle for the homoeopathic mind. The prize for those who find the correct answer is a meal in the restaurant of their choice. I offer this prize with some confidence, as it is extremely rare that anyone comes up with the right remedy, or even the kingdom to which it belongs. This highlights the weakness of the doctrine of signatures and kingdoms. The remedy picture produced by a proving does not, and should not, directly resemble the external nature of the substance proved; for we are dealing with the obscure world of metaphor and analogy, the encrypted world of

inner structure and simple substance. A proving is conducted to elicit the unexpected, not the expected.

Of all the remedies I have proved it would have to be Krypton which trashed my neat logical theory, resulting in me buying five smug provers expensive meals in a top Scottish restaurant (involving wild salmon and much good whiskey). To be fair four of these solved the riddle by means of intellectual deduction rather than the experience. They knew I was on the noble gas journey, and which remedies I had already proved, so it was a matter of putting two and two together. The fifth however, declared it was Superman's blood, a purely intuitive conjecture which took me by surprise. Until today I do not know how she got this idea, but I guess there is always a fifth intuitive to four's logic.

The proving of Krypton was conducted at Dynamis London in 1996, in parallel to the proving of Argon in Dynamis Ireland. It was a jolly group of provers, yet the experience was far from that of the joyful Argon, and while some provers scaled the lofty peaks of spiritual experience, where past and present meet in the now, others recycled time's weary treadmill. My own proving of Krypton was a bleak and devastating experience, in which my wife and I felt disconnected from ourselves, from each other, from love and from God. It was a desperate sensation of hopelessly and helplessly sliding down the slippery slopes of chronic disease, with the certain knowledge that there could be no return to our previous loving and blissful state.

There is an old joke: When someone asks 'do you have a match?', you reply 'not since Superman'. I must admit to not being an intellectual match for Krypton's many secrets. It is not an easy remedy. Rather, it is a complex, complicated enigma which requires cerebral courage and mental labour to fully fathom. Krypton throws a 'curved ball' at one's brain and it can mess with your computer. To fully understand its riddles, I would need to be a scholar of many disciplines of which I have but a cursory knowledge: Maths, Geometry, Navigation, Tibetan Buddhism, Egyptology, and Encryption. I have tried to scratch the surface where I could, and I leave further investigations to those more knowledgeable than myself.

Jeremy Sherr

Tanzania

February 1st 2024

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- 1 Goldberg, L. Teach Me. Rachel and Leah (translated from Hebrew by Jeremy Sherr). p11. Available online at: <http://tinyurl.com/bdeav3z4> (accessed February 20, 2024).
- 2 The proving of Krypton was conducted at Dynamis London in 1996.
- 3 Saint Bernard of Clairvaux. In: *Consideration*. Aeterna Press 2015. Quote available online at: <http://tinyurl.com/5xb8byjx> (accessed July 18, 2023).
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1

INTRODUCTION

The potencies of perception

In this book, as in the rest of this series covering the noble gases, I equate the chapter name with levels of perception corresponding to the scale of potencies.

This is an analogy and has absolutely nothing to do with potencies proved or to the potencies to be used in clinical cases.

The potency should be selected according to the totality of the case regardless of in which chapter the symptom lies.

Starting with a very basic understanding of the chemical element and its preparation on the mother tincture level, the chapters ascend the potencies of perception through affinity, keynote and emotional essence, rising to the higher potencies of geometrical structure, physical dimensions and collective concepts.

Here is a summary of levels of potency equated with levels of perception, ranging from the gross to the subtle:

- The mother tincture represents homoeopathic preparation, the realm of atoms and molecules.
- The 12C level represents physical affinities, the realm of organs.
- The 30C represents general themes, the realm of the organism.
- The 200C represents a simple emotional 'essence'.
- The 1M is a more detailed description of the mental emotional symptom configuration in a search of a unified understanding.
- The 10M describes the more subtle spiritual aspects of the proving, including a very astute meditation proving.
- The 50M represents subtle sensations and functions, including the numerological and geometrical structure of the remedy, and its relation to the physical dimensions.
- The CM explores the world of analogy and metaphor.
- The MM and beyond are an investigation into the esoteric roots of the remedy and the universal blueprint that lies beyond.

2 The Noble Gases – Krypton

According to my 'grammatical' method of analysis described in my book, *Syphilis*,¹ the 12C and 30C chapters correspond to nouns; the 200C and 1M represent adjectives and adverbs; and the 50M and above stands for verbs, movement in time and space. The potencies beyond touch the language of philosophy and poetry. Matching the remedy to the patient on the higher potencies of similarity will lead to deeper results. However, for optimum similarity, all levels should fit.

I do not intend these correspondences to be precise, rather a general idea. Creating yet another system to which homoeopaths should strictly adhere can only lead to rigid thinking and prescribing.

I have included some cases after the 50M chapter because most Krypton cases can be solved from knowledge gained from previous chapters. The higher levels of the CM chapter and above relate to broader concepts than the individual remedy.

Only selected quotes from the provings have found their way into each section; many symptoms only appear in the unabridged proving document. It is important to read the proving as a whole to gain a thorough understanding of the remedy. The full proving may be found at www.dynamis.edu.

When capitalised, *Krypton* refers to homoeopathic remedies, while *krypton* with a lower-case *k* refer to the chemical element. All original symptoms from the Krypton proving are given as follows: **Krypton symptom**. Some proving symptoms have been abbreviated or grammar has been corrected without changing the essential content. The complete and original text can be found in the proving text itself. Keywords and phrases that I consider important are occasionally marked **in bold** within the proving.

Note: More than in most other remedies, Krypton symptoms may be understood at different levels, hence there will be repetition of some symptoms as we ascend the potencies of perception.

Reference

1 Sherr J. *Syphilis* (2nd edn, reprint). Glasgow: Saltire Books, 2021.

KRYPTON: THE ELEMENT

The symbol for Krypton is Kr, with the atomic number 36, and atomic weight 83.80. Krypton belongs to group 0 of the periodic table (see Figure 2.1). The name Krypton comes from the Greek word *kryptos*, which means hidden. It is one of six known noble gases: helium (He), neon (Ne), argon (Ar), krypton (Kr), xenon (Xe) and radon (Rn), and a possible seventh – the elusive element 118, which I have termed luciferium, (but which the International Union of Pure and Applied Chemistry has named ‘oganeson’) The name honours the Russian nuclear physicist Yuri Oganessian, who played a leading role in the discovery of the heaviest elements in the periodic table.¹

Composition

The *noble gases* exist under normal conditions as colourless, odourless, tasteless non-flammable gases. The gases were thought to be rare, however,

| | | | | | | | | | | | | | | | | | | |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|-------|--------|--------|--------|--------|--------|--------|-------|
| 1 H | | | | | | | | | | | | | | | | | | 2 He |
| 3 Li | 4 Be | 5 B | 6 C | 7 N | 8 O | 9 F | | | | | | | | | | | | 10 Ne |
| 11 Na | 12 Mg | 13 Al | 14 Si | 15 P | 16 S | 17 Cl | | | | | | | | | | | | 18 Ar |
| 19 K | 20 Ca | 21 Sc | 22 Ti | 23 V | 24 Cr | 25 Mn | 26 Fe | 27 Co | 28 Ni | 29 Cu | 30 Zn | 31 Ga | 32 Ge | 33 As | 34 Se | 35 Br | 36 Kr | |
| 37 Rb | 38 Sr | 39 Y | 40 Zr | 41 Nb | 42 Mo | 43 Tc | 44 Ru | 45 Rh | 46 Pd | 47 Ag | 48 Cd | 49 In | 50 Sn | 51 Sb | 52 Te | 53 I | 54 Xe | |
| | | 58 Ce | 59 Pr | 60 Nd | 61 Pm | 62 Sm | 63 Eu | 64 Gd | 65 Tb | 66 Dy | 67 Ho | 68 Er | 69 Tm | 70 Yb | 71 Lu | | | |
| 85 Cs | 86 Ba | 87 La | 88 Hf | 89 Ta | 90 W | 91 Re | 92 Os | 93 Ir | 94 Pt | 95 Au | 96 Hg | 97 Tl | 98 Pb | 99 Bi | 100 Po | 101 At | 102 Rn | |
| | | 90 Th | 91 Pa | 92 U | 93 Np | 94 Pu | 95 Am | 96 Cm | 97 Bk | 98 Cf | 99 Es | 100 Fm | 101 Md | 102 No | 103 Lr | | | |
| 107 Fr | 108 Ra | 109 Ac | 110 Rf | 111 Db | 112 Sg | 113 Bh | 114 Hs | 115 Mt | 116 Ds | 117 | 118 | 119 | 120 | 121 | 122 | 123 | 124 | |

Figure 2.1 Krypton in the periodic table

4 The Noble Gases – Krypton

it has since been discovered that they are relatively abundant on the Earth and in the universe. Helium is the second most plentiful element in the universe after hydrogen and is a product of nuclear fusion reactions that are the prime source of stellar energy. The other noble gases are likely to have been created by further nuclear condensation reactions deep within stars. As the atomic numbers increase, the gases become rarer. Neon, argon, krypton, and xenon were likely part of the original mass of gases that condensed to form the Earth. They are all present in the Earth's atmosphere forming five of the nine major constituents, which are constant when free air is sampled.

The main constituents of air

The following are the components of dry air:²

TABLE 2.1 The main constituents of air

| <i>Element</i> | <i>Volume by %</i> | <i>Weight by %</i> | <i>PPM (parts per million) by volume</i> | <i>Symbol of the element</i> | <i>Molecular weight of the element</i> |
|----------------|----------------------|--------------------|--|------------------------------|--|
| Nitrogen | 78.08 | 75.47 | 780790 | N ₂ | 28.01 |
| Oxygen | 20.95 | 23.20 | 209445 | O ₂ | 32.00 |
| Argon | 0.93 | 1.28 | 9339 | Ar | 39.95 |
| Carbon Dioxide | 0.040 | 0.062 | 404 | CO ₂ | 44.01 |
| Neon | 0.0018 | 0.0012 | 18.21 | Ne | 20.18 |
| Helium | 0.0005 | 0.00007 | 5.24 | He | 4.00 |
| Krypton | 0.0001 | 0.0003 | 1.14 | Kr | 83.80 |
| Hydrogen | 0.00005 | Negligible | 0.50 | H ₂ | 2.02 |
| Xenon | 8.7×10^{-6} | 0.00004 | 0.087 | Xe | 131.30 |

Other components of air

Some other *components of air* are mentioned below:

- Sulfur dioxide (SO₂) – 1.0 ppm
- Methane (CH₄) – 2.0 ppm
- Nitrous oxide (N₂O) – 0.5 ppm
- Ozone (O₃) – 0 to 0.07 ppm
- Nitrogen dioxide (NO₂) – 0.02 ppm
- Iodine (I₂) – 0.01 ppm
- Carbon monoxide (CO) – 0 to trace ppm

One of the most well-known properties of noble gases is their ability to absorb and emit electromagnetic radiation, glowing when an electrical discharge is passed through any of the gases sealed in a glass tube. Pure neon produces a red-orange light; helium-argon forms an orange hue; neon-argon makes a deep lavender colour; krypton gives off bluish white light.

The noble gases are used as refrigerants due to their very low boiling and melting points.

History²

Krypton was discovered in 1898 in England by Sir William Ramsay (1852–1916), a Scottish born professor of chemistry at the University College, London and Morris W. Travers FRS (1872–1961). Having previously identified argon and isolated helium, Ramsay deduced that there had to be other gases present in the same group of the periodic table, and he set out with his student Travers, to discover what they were.

Together, they produced liquid air by cooling it to a low temperature. By using a process of fractional distillation, in which the liquid air is allowed to gradually warm and each of the gases boils at different temperature, they could be separated and identified.

During a period of three months, Ramsay and Travers managed to identify three new elements: neon, krypton, and xenon, a record that has not been broken. The noble gases were the last group of the periodic table to be discovered.

TABLE 2.2 Some of the properties of krypton

| | |
|--|--------------------|
| Atomic number | 36 |
| Atomic weight | 83.80 |
| Melting point | −157.2°C |
| Boiling point at 1 atm pressure | −153.35°C |
| Gas density at 0°C and 1 atm pressure g/liter | 3.749 |
| Liquid density at its boiling point, g/ml | 2.413 |
| Solubility in water at 20°C ml krypton per 1000g water at 1 atm partial pressure krypton | 59.4 |
| Valence | 0, 2 |
| Crystal structure | Face-centred cubic |

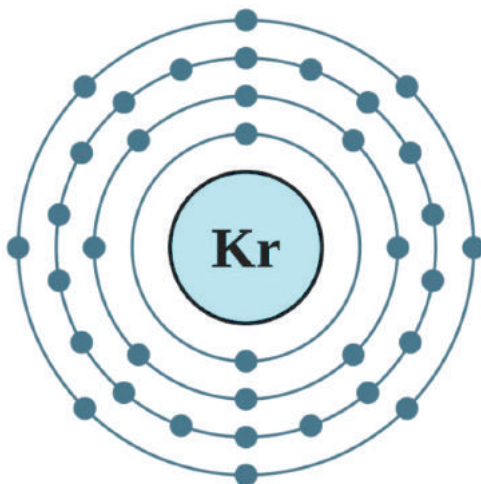


Figure 2.2 Krypton atomic structure

Properties³

Like all noble gases, krypton is colourless, odourless, and tasteless. It is nearly three times heavier than air. The outer shell of the krypton atom is filled with electrons (shell structure 2,8,18,8) giving it great stability (Figure 2.2). For this reason, its molecules are monoatomic and no compound of krypton is stable at room temperature. Krypton atoms are considered to have perfect spherical symmetry.

Isotopes⁴

Krypton has isotopes of every number from 74 to 95, six of these are stable 78, 80, 82, 83, 84, and 85.

There are also the following radioactive isotopes of krypton: 76, 77, 79, 81, 83 (metastable), 85, 87, 88, 89, 91, 92, 93, 94, 95 and 97. They are produced as byproducts of the nuclear fission of uranium and plutonium in nuclear reactors, and during reprocessing of spent fuel elements from nuclear reactors as well as in particle accelerators. The only radioactive isotope which is produced in more than traces and has quite a long half-life of 10.73 years is krypton-85, the others have half-lives of three hours or less.

Occurrence

The only commercial source of stable krypton is the air, although traces of krypton are found in minerals and meteorites. Krypton constitutes 1.14

10

KRYPTON 50M: SENSATION, FUNCTION, STRUCTURE, GEOMETRY

We now leave the realm of affinities and emotions, nouns and adjectives, spirit and intellect, and move to the realm of verbs, which deal with the position, geometry and movement of bodies in time and space. Our sensations, mediated by the nervous system, sense our position in time-space. Verbs or functions are the response with a counter-motion of the vital force.

The geometry of Krypton neatly echoes the themes of its noble parent, grandparent, and great grandparent: Argon, Neon, and Helium. This may be synthesised as:

Being aligned with the vertical axis

This vertical axis is the line that connects mid-heaven to center earth, the line of truth, here and now. If we are aligned with this axis, it should pass through our vertex, spine and perineum. From this position we revolve life rather than life revolving us. Imagine an old record player. You can sit on the still axis in the center, or you can be whizzed around the periphery and occasionally be thrown off the edge by life's centrifugal forces. This is the principle of Tai chi: stay centered upright and vertical, revolving around a central axis, and you become invincible.

Once aligned, we are spiritually connected with our mission on earth (Helium), full of bliss and vital energy (Neon), and flowing the unobstructed path of life and love (Argon). The sun is at noon position, and we view the world from directly above. There is no shadow side, just light. We stand tall, and powered by unlimited cosmic energy, everything is possible, and all happens in the right way, time, and place. Like a noble gas pumped with electricity, we literally light up. Welcome to the wonderful world of spiritual, mental, emotional, and physical upright nobility.

The following are some reminders, edited and arranged into *As If One Person*:

Helium

I feel very tall, as though I am towering over everything. I see myself in a very direct way, as if from the outside. I feel superior. I feel as though I have eyes all over my head, that I am all-seeing. I see very clearly, how things really are. I could change anything in the whole world by aligning myself with that love and bringing it into every situation in my life. I felt very purposeful. I am going through the process of following my heart and working from the will of God; It is all to do with work, direction, life purpose and what you achieve as an individual. My mission is the main thing in my life, I only want to do important things, no unnecessary conversation. Much less bad conscience about what I do and what people think about me. I see more clearly what my responsibility is. I have achieved all my dreams and desires and do not have anything else to strive for at present. I now feel very good, free to make my own choices. This is about giving birth to self and truth. I woke feeling universally loved, universal consciousness.

Neon

The whole proving can be described as a rectification. I now feel very upright in space; before I was at a slight tilt – both physically and morally. I feel so different in my body. A weight has been lifted; the bowed feeling has been replaced by uprightness. I was amazed at how huge I was. I was cruising along on an energy which was not of my own muscular power, it seemed as if it was coming from somewhere else. Walking was effortless, light and free, with a sensation of walking uniformly. Life felt blissful, no resistance, a harmony between heaven and earth, effortless. My mind is free of distractions and I feel contented, not wanting anything, totally unneedy. No difference between the observer and the observed. Everything seems more beautiful. Moments of universal happiness. I am all in the now. A sense of absolute oneness.

Argon

Pillars are mutually supportive when they're vertical. The truth is straight, deceit is crooked. Felt like things were up righting. I feel taller, in complete alignment, settled in the middle of my soul, body and emotions. The sun was always shining, granting power to be and to act. If the sun is directly above, there's no shadow. I feel above it all, looking down on the wonderful world. I could fly, like being carried by wings. Unbelievable smooth easiness. The feeling of things being in the right order, fit me back

into place. Whatever you are is right for you. Totally directed in actions. A clear path ahead; a straight line. Very focused and methodical, achieving things that didn't seem achievable. Clarity of thought and deep connection. Energy high and focused. Feeling of flowing, going with the flow. Adapting to everything much more softly. A great sense of energy, power behind me, complete tasks, and objectives. A sense of freedom; of being allowed to do what I wish, with a clear straight river ahead.

Please do not rush off to take all the noble remedies at once. They will only be effective in the right time and place, remember there is another side to this nobility.

Back to Krypton. The following symptoms are accounts from different provers that show a remarkable consistency, not only in relation to the whole Krypton proving, but in relation to all of the noble gas provings (Xenon and Radon included).

We begin with the upright alignment of Krypton. As in the preceding nobles, Krypton stands tall, aligned with the vertical axis of life and truth, the central world axis.

Dream: – I landed onto the highest place from somewhere in the universe to the highest mountain.

I see a picture of a bald man with a horn growing on his vertex.

The roof of the mind is open. No mind seeing the view, seeing with the third eye.

On waking I had a desire to cut the centre of my hair on the crown, so that it was sticking straight up, so that I could transmit as well as receive.

Before falling asleep I moved to align myself directly with the stars through the sky window in my room. I joined the stars as I fell asleep.

MC – mid-heaven, master of ceremonies, masterclass.

Voices of Karnak, it's not the ark but the arc – arc lights, alignments Carnac. At midday, the light comes from the front of the house to the back – alignment.

Vertigo – this has been happening on and off – it is almost like a shift on the vertical hold – I can stop it by focusing firmly.

Figure 10.1 demonstrates the vertically aligned nobles as compared to the tilt of common elements. I have used the third period as an example since it is shorter and easier to understand (and draw). This idea is discussed more fully in the *Neon* and *Argon* books.

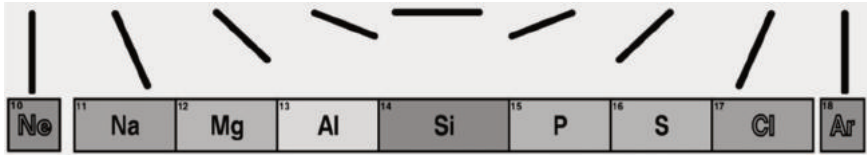


Figure 10.1 Vertical alignment of the noble elements, as opposed to the tilt of common elements

Elongation

With this alignment along the central vertical axis comes a sense of elongation. At this point Krypton is still similar to the first three nobles. That will change.

Sensation of feeling taller from crown of head upwards.

Images of very tall, elongated figures on going to sleep, similar to Giacometti sculptures.

I see a young exotic woman; her mandible is elongated.

Vision of a man's face, his nose is elongating rapidly, in a spiral-like motion upwards.

Top lip seems elongated, want to put tongue out and lick it like a lizard.

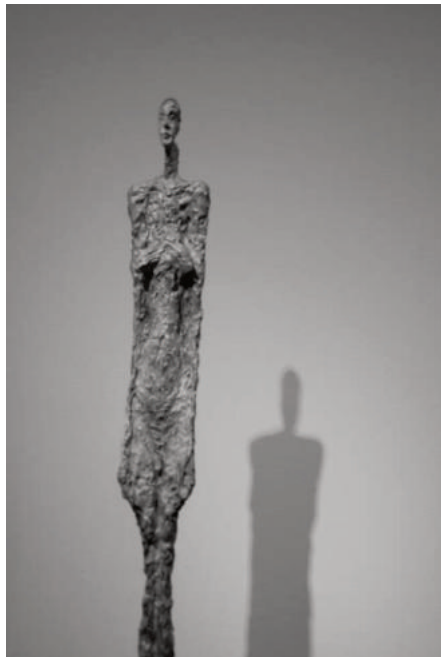


Figure 10.2 Giacometti woman of Venice II

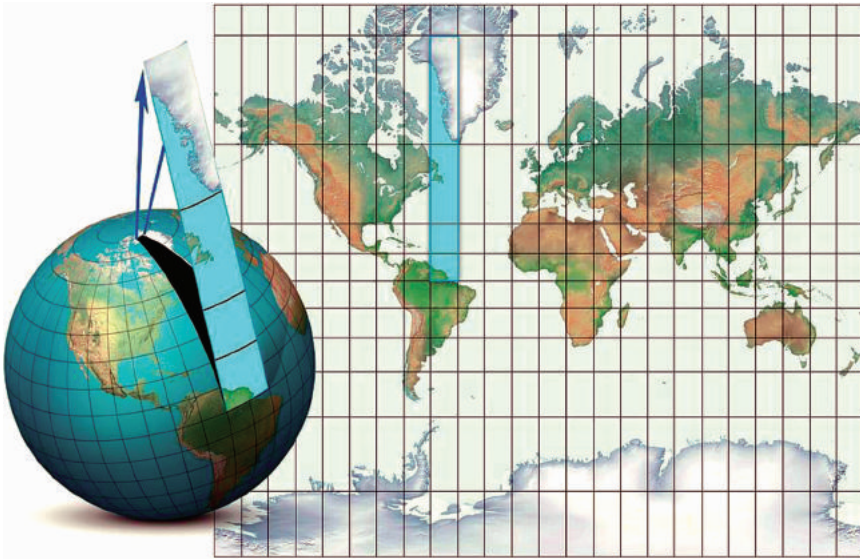


Figure 10.7 *If the earth were flat all the angles would be square. Euclidian geometry*

geometry on the surface of a sphere. It behaves differently from Euclidean or plane geometry. For instance, straight lines in spherical geometry form great circles. Triangles may have more than 180° as the sum of their angles. Parallel lines don't exist – any two lines will intersect.

A line, the first dimension, can curve into the second dimension of surface. A surface can curve into the third dimension of sphere (Figure 10.8). When a sphere curves, we get non-Euclidean geometry, curved space time. Curve the sphere and we get the fourth dimension of time (Figure 10.9).

The measuring of angles and distances between longitudes and latitudes belongs to spherical or non-Euclidean geometry.⁵ While Euclidean geometry is good for architecture and to survey land, spherical geometry is essential to navigation and astronomy. Both can function in the second dimension of surface, but spherical geometry has introduced 'the curve'.

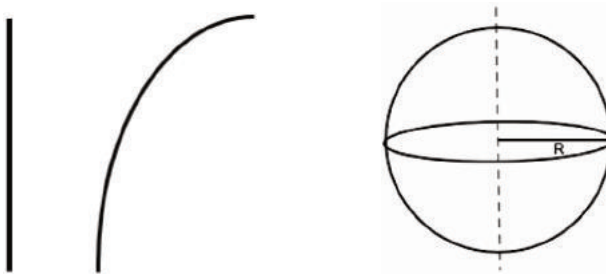


Figure 10.8 *Line curving into second dimension plane, which then curves into a 3rd dimension sphere*

THEORETICAL KRYPTON CASES

The following are some theoretical Krypton cases, taken from people or symptoms in the proving or remedy symptoms. This is not a matter of pathology; Maybe these individuals would benefit from a Krypton remedy and maybe not, but their stories give a broad idea about possible aspects of the remedy. It is surprising how many contenders there are. Perhaps some of the Krypton people are such bright stars that they become famous. You will notice the constant battle between heart and mind, logic and nonsense, religion and rationality, all through the looking glass.

The following are by no means full resumes and biographies, just a collection of interesting facts that are related to the remedy, for your entertainment. The bold type indicates significant points.



Figure 15.1 Superman

Superman (1938–Infinity)

*Stars aren't measured by how long they burn ...
but by how brightly.*

Superman was born on the fictional planet Krypton, which was disintegrating. To save their baby, his parents send him to Earth, where he acquired his superpowers, including flight, X-ray vision, unlimited strength, and a few more. Superman also **knows just about everything**. The noble hero dedicates himself to upholding “**Truth**, Justice and the American way.” He **cannot lie**. Kryptonite, a green mineral originating from the planet Krypton, is the only substance that has the capability of neutralizing his superpowers.¹

In the first movie, Superman **reverses time** by flying so fast around the Earth that it rotates in the opposite direction.

Christopher Reeves, who acted as Superman in four movies, was paralyzed from the head down in a horse-riding accident. He remained a **brain without a body** for the rest of his life.²

Another supervillain hero from DC comics is the Riddler, who Possesses a genius intellect and creates elaborate puzzles and nasty traps. The Riddler's **brilliance, neurosis, and lack of empathy** make him an incredibly dangerous foe. He cares very little about the lives of those he uses in his plots and sees them as disposable pawns in his **intellectual battle** against Batman.³

Leonardo da Vinci (1452–1519)

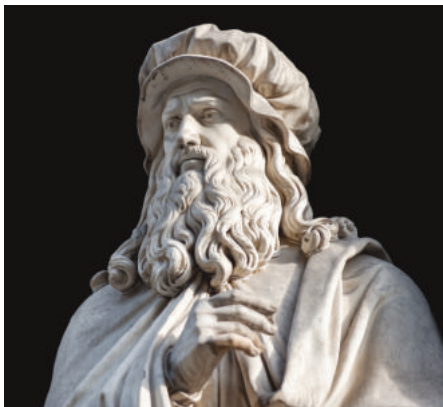
The noblest pleasure is the joy of understanding.

Leonardo da Vinci⁴

Truth was the only daughter of Time.

Leonardo da Vinci⁵

Leonardo da Vinci, a painter, scientist, draughtsman, engineer, sculptor, and architect, was one of the greatest geniuses in human history. He studied and kept prolific notebooks on anatomy, **astronomy**, biology, **mathematics**, physics, botany, geology, and **cartography**.



Leonardo researched the principles behind **light** and the flow of water, the growth of plants, and the stratification of rocks. His method was to draw and describe things by observing the surface before delving into the underlying structure. His notes were carefully documented and precise.

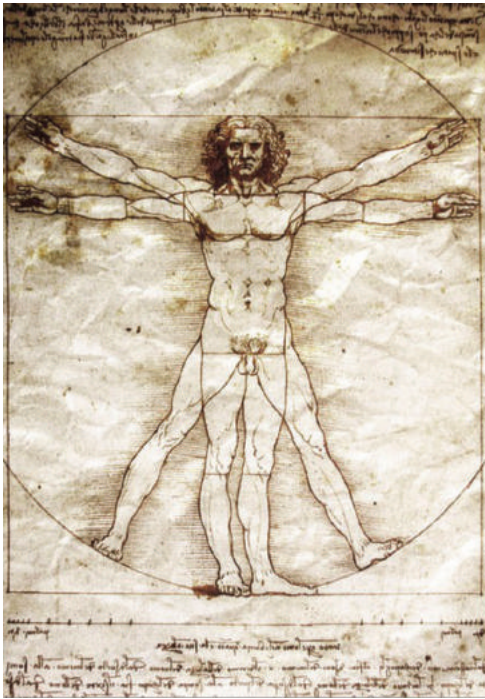
Among Leonardo's many inventions were the double hull, flying machines, a submarine, a **calculator**, an armoured fighting vehicle, and concentrated solar power **using mirrors**.⁶

In the context of Krypton, it is interesting that Leonardo loved **codes**. Historians and artists have discovered that many paintings by Leonardo contain optical illusions and hidden codes that cannot be seen with the

naked eye, for example, a series of figures, letters and symbols in the eyes of the Mona Lisa, one of these being the number 72 (2×36).⁷

His notes were written in **mirror writing**, possibly to disguise the content. He became so adept at this technique he no longer needed a mirror to write in this way. He was ambidextrous, able to write with one hand and draw with the other at the same time.⁸

Likewise, Leonardo was fascinated by the **symmetry** of the human body and finding the place in which the soul dwells. He dissected many corpses, and these experiments resulted in one of his most famous drawings, the



Vitruvian Man (Figure 15.3). The figure has **four arms** and **four legs**, depicting the union between man, geometry, and spirituality.⁹

Leonardo utilised a special sleeping formula: he slept $\frac{1}{4}$ of an hour every 4 hours, meaning one and a half hours daily instead of eight (with a 75%-time savings in which he could be creative). He used this polyphase sleep for many years of his life without experiencing fatigue.¹⁰

Finally, the noble Leonardo was a vegetarian for humanitarian reasons. He would also buy caged birds in the market and release them.¹¹

Figure 15.3 Vitruvian Man. (Leonardo da Vinci)

Nicolaus Copernicus (1473–1543)

To know that we know what we know, and to know that we do not know what we do not know, that is true knowledge.

Copernicus¹²

Of all things visible, the highest is the heaven of the fixed stars.

Copernicus¹³

Nicolaus Copernicus was a Polish astronomer and mathematician known as the father of modern astronomy. He was also a physician, economist,



Figure 15.10 Jacob

time reversal trick. Again, he must work for seven years, which now appears infinitely longer. Finally, he marries Rachel, but he must work for seven more long tedious years to gain freedom. From his story we learn the lesson of time and work; **beloved work is timeless, while despised work drags on forever.**

Like Superman, Jacob is incredibly strong. He can lift a huge stone off a well, a task which usually requires several men. He is also able to wrestle with an **extra-terrestrial** angel and hold his own.

Galileo Galilei (1564–1642)

Mentioned in the proving, he was an Italian astronomer, mathematician, physicist, philosopher, and professor who made pioneering observations of nature with long-lasting implications for the study of physics. Galileo studied gravity, speed and velocity, the principle of relativity, inertia, and projectile motion, and he also worked in applied science and technology.³⁴