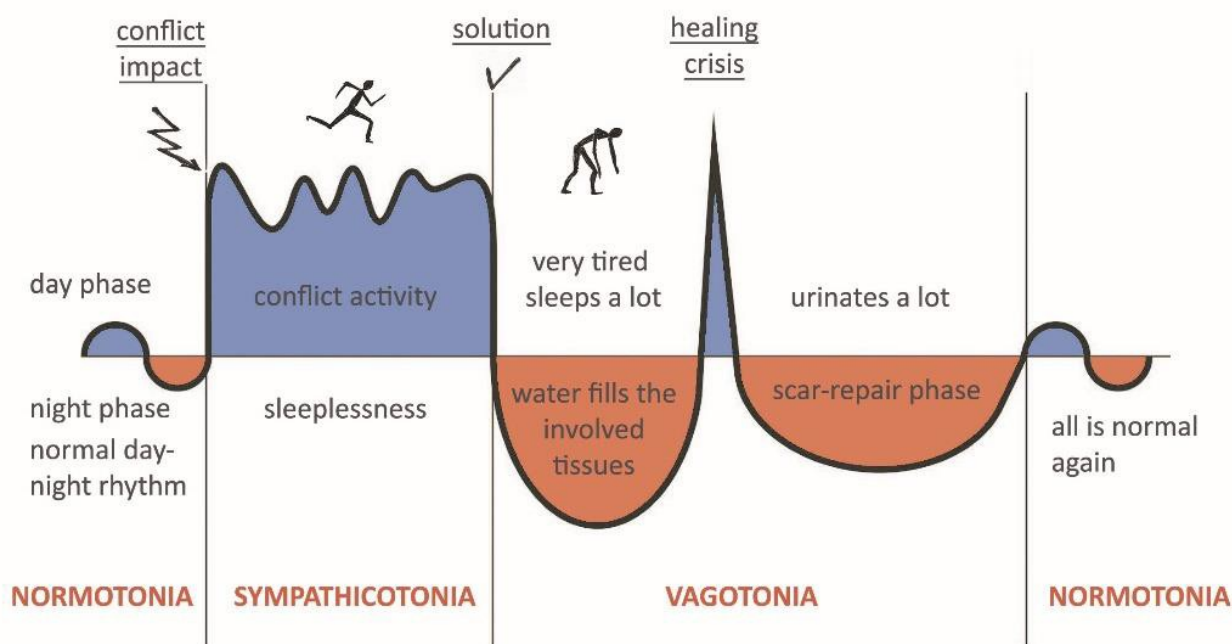


## What does the GNM brings you as a homeopath?

With more than 35 years of experience as a homeopath and endless application of the similimum law, the GNM (German New Medicine) has been an absolute revelation to me.

The 5 biological laws of nature of the GNM describe the effect of conflict shocks on our organism by starting a survival response by means of a Significant Biological Special Program (SBS). This program proceeds in two stages: after an unexpected and dramatic conflict shock impact, there is first a stress phase where the organism comes into highest readiness and in a super-alert state to master the sudden conflict situation.

### TWO STAGES IN A CONFLICT



This state of tense alertness reverses to its opposite after a sigh of relief (the solution) when the stress involved subsides. The healing phase then starts, proportionate to the storm of the stressphase. Both phases mirror each other and belong together as the abovementioned SBS. The whole process runs completely automatic.

#### **Most people visit their homeopath only in the healing phase.**

Allow me to give an example : a patient presents with an ear infection.

An ear infection is the healing phase... of a hearing conflict (i.e., something you heard and caused a lot of stress - if you let go of that, there comes a healing phase, which (in orthodox medicine) is described as a separate disease but actually represents the second part of this special survivalprogram (SBS) .

As a homeopath, we have learned to detect the characteristic, peculiarities that accompany such healingstates and point the finger at the simile.

But ... healing phases do not need to be healed because they ARE already the healing!  
We just need to understand what exactly was the shock that (after the described stress phase and sigh of relief) led to the involved symptoms (healing phase!) with which the patient presents.  
Without stress(re-triggering)... no healing phases.  
Healing phases are only the result; if we understand and eliminate the origin, all complaints disappear.

Everything revolves around the conflict impact.  
And this is exactly what the GNM teaches us: a precise description of how such a unexpected dramatic shock impact is perceived.  
All accompanying elements of such a shock impact are recorded in the brain as a trauma hologram.  
Re-triggering of an element from this original trauma hologram puts the entire organism back into a state of readiness, followed by the healing that we often call the "illness" as mentioned above.  
The trauma elements present in this original trauma hologram are nothing else than what we in homeopathy call "aggravations" e.g. by wind, cold, morning on waking,....

These **aggravations** all refer to the trauma hologram of the original shock situation and are nothing but accompanying circumstances of it.

This shocksituation recorded with all elements present at the time of impact (the trauma hologram) is **the "since" described as ... *the most important thing in homeopathy.***

With the GNM you can seamlessly find this shock impact.  
The description of the experience of this shock, the "state" the organism is tumbling into IS the description of the homeopathic remedy!

This is truly miraculous.

So with a thorough knowledge of the GNM, you now get the remedy pictures described from the mouths of the patients. They describe in detail what they experience was, coupled to a specific shocksituation. Because of this I have finally understood remedies where before I was absolutely unable to grasp the meaning of the descriptions that we can read in the proofings. Strange statements from the proofings all fall into place - *jesus that is the meaning of this symptom!*

In the book "Break Free from your Allergy" I explain the whole process in an easy to understand language with many examples for the nose, eyes, airways, skin and intestines.  
As a homeopath, this is breathtaking material - it frames the healing law we use in the 5 biological healing laws (which themselves fit seamlessly into the Universal Natrual Laws).

The bigger picture finally becomes clear!

Wish you all much reading and discovery fun!

Johan Denis  
[www.GNM-online.nl](http://www.GNM-online.nl)