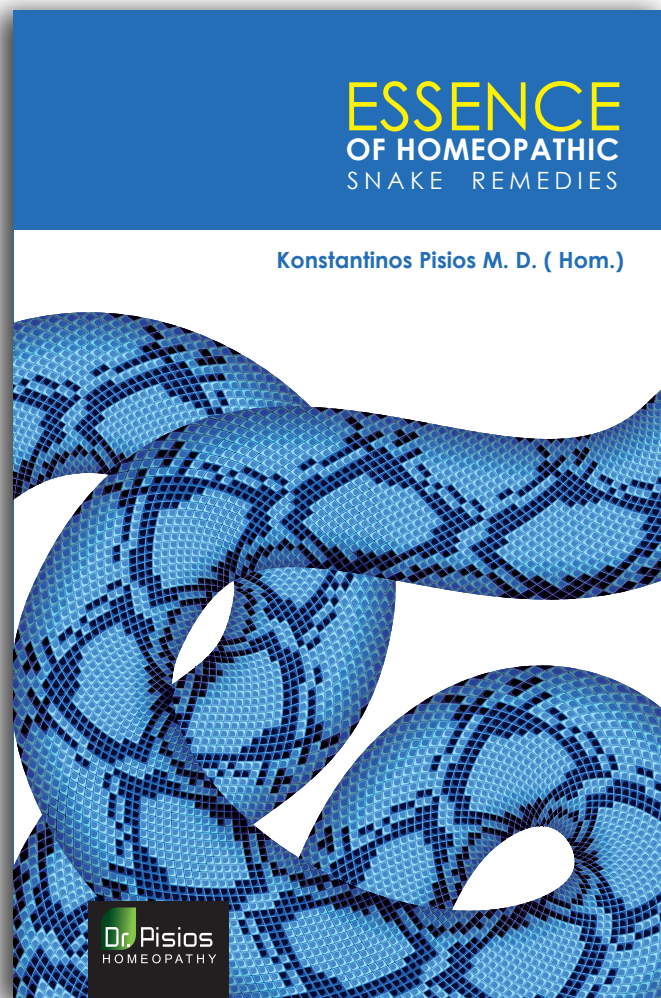




Konstantinos Pisos M.D. (Hom.)

Essence of homeopathic snake remedies



Copyright: Konstantinos Pisos
Evmolpidon 4, 11854, Athens, Greece
Tel: + 30 213 00 53249

www.drpisios.com

22. CASES OF BUNGARUS FASCIATUS

CASE 1

Grace is 30 years old and has a little boy. She gave birth a few months ago while she was going through a period of time with a lot of stress and unhappiness. The reason was that her partner cheated on her, left her and without acknowledging the child or contributing financially. She comes to the office with terrible anxiety and depression.

D. Can you tell me how you feel?

P. I do not feel well at all. I'm ready to go to a psychiatrist.

I can't sleep at night. I get angry easily, anything annoys me. I am angry with my parents and they are even helping me with my child. I just become very angry.

D. What bothers you?

P. I worry about my ex. I don't want him to take my child away. It is unfair. I do not want him in my life. Emotionally I am very depressed. I feel weak and I cry. I have many complaints.

I have fears. I'm thinking "what will happen, can I make it?"

I'm thinking what to do with my child, what if I don't have money to raise him in the future. Also about my ex, if I need to get a restraining order. I feel a heavy weight on my chest, as if I'm drowning.

I feel nauseous, and my stomach hurts.

I feel very hurt because I see my ex going out, sometimes with a blonde, sometimes with a brunette. I've had so much rejection.

He hurt me so badly. I hate him for what he did to me. I don't know how to forget all that has happened.

I have terrible mood swings.

I cry, and then I laugh.

I have headaches.

I'm like a zombie. I feel like I have a severe depression.

D. How is your confidence?

P. *Awful, below 5. In general my confidence is always low.*

OBSERVATION

Talks a lot

Seems anxious and confused, but tries to show a serious face.

D. How is your sleep?

P. *I sleep a few hours, about 3-4 hours. I don't go into a deep sleep. In the evening I feel I get depressed. I think why am I on my own? I have many thoughts, mainly fears. Will I be a good mom for my baby? I wish to raise him properly. I have trouble thinking of how to protect me and my baby.*

Do I take precautionary measures to prevent my ex from harassing me? I have no support from anywhere or anyone. I have a feeling of permanent anxiety. How will I manage?

D. What else scares you?

P. *I'm afraid of my health that something bad happens to me, what if I get cancer. What if something happens to me? What will happen to my child?*

Also I fear for my business. My ex has done a lot of damage to me. I am ashamed even to go out. He says things about me that aren't true.

D. And what do you think about that?

P. *I think "Shut your mouth, you idiot!" I'm exhausted from the stress. Everyone talks about me, even my relatives in town. Their behavior is different towards me. They consider those who are not married to be whores. I want to leave Greece and move abroad.*

I cannot stand the outrage. I feel bad and am embarrassed talking to relatives, who are gossiping about me. I'm thinking "why are they only talking about me?"

Plus, I do not trust anyone. I think that everyone criticizes me.

I have heart palpitations and I've lost weight. I cry privately. I do not cry in

front of my parents. I have to make some difficult decisions and I don't have a clear mind.

D. What about your job?

P. I started to work again. No one at work knows anything that is going on with me. I have not told anyone. I do have energy to work, but in general I do not want to do anything. I don't want to see anyone. I don't want to be with my child. I do not go out with my child. I don't want to do anything, I'm afraid.

D. What do you fear?

P. I do not know how to face the world.

D. What do you feel like doing?

P. I feel anger, I want to swear. I do not want them to call my son a bastard.

D. Why? What would you feel if someone said that?

P. I do not know what I would feel, maybe anger or shame.



19. ESSENCE AND PICTURES OF VIPERA ASPIS

The person being treated with the homeopathic remedy **Vipera Aspis** generally doesn't want to be under pressure. He cannot endure pressure. In general he tries to escape skillfully from difficult situations. Through kindness, "sweetness" and good words he achieves what he wants. He is not reactive, such as Bungarus f., for example. If he's pushed, his first reaction is to leave or cry.

OBSERVATION

In the office, at the beginning he is reserved.
He's **not talking much**, contrary to most "snakemen".

He doesn't open up if he doesn't feel trust with you.

Seems serious.

Seems calm except when he has a big health problem where we can see him anxious.

Has slower movements.

He's a person that **avoids controversies**. He cannot stand arguments and loud voices.

He wants to get along with everyone and to have a good time.

He cannot stand to feel guilty. He has thoughts all the time whether he said something or did something he shouldn't.

He doesn't speak or criticize prominently.

Inside to himself, however, he criticizes what he sees, but doesn't say anything to anyone.

As he is not criticizing anybody (obviously), he believes that no one will criticize him, and he does not accept criticism from others.

The rationale is that you must never criticize anyone, since you are not perfect.

When someone criticizes him, he feels degraded. He feels unclean.

But despite that, most of the time he does not react verbally. Instead he gets angry and cries. When he does react he swears, but he is not violent.

He is trying to do as much as possible not to be criticized by his parents or people at work.

He seems to be shy and not confident, but he has enough confidence.

On some issues he feels even more confident than most.

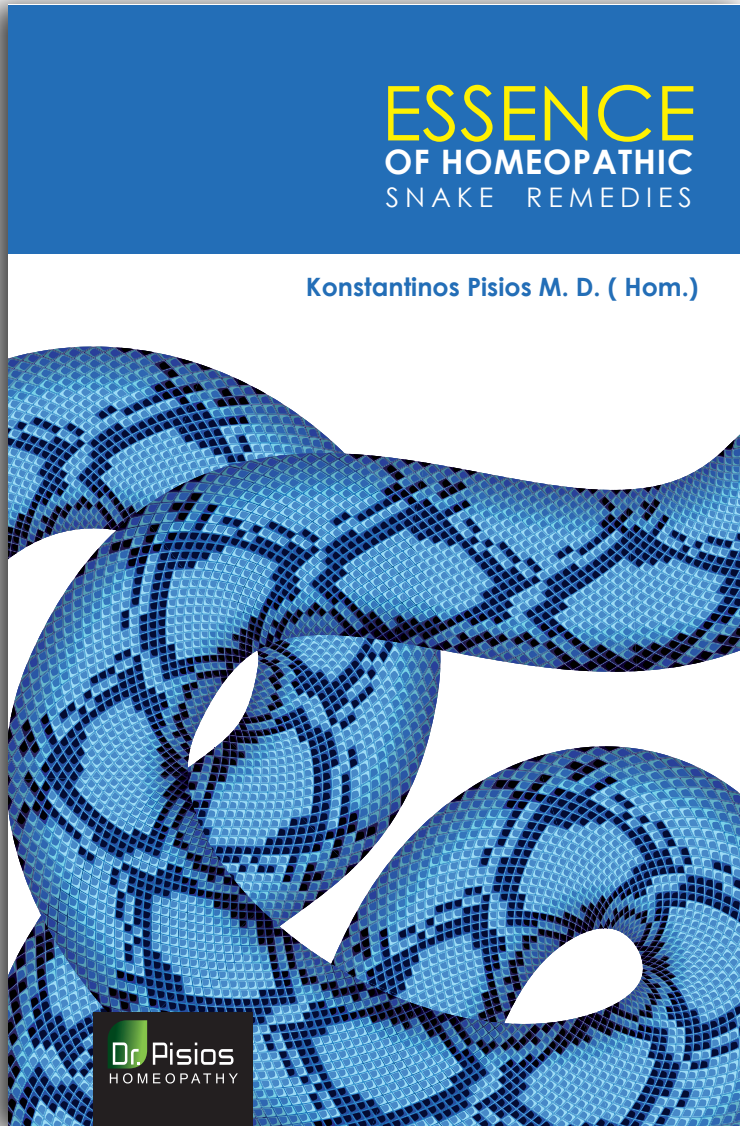
He doesn't ask for help easily because he doesn't like to be given instructions. He takes it as a command.

He is not as social as Lachesis or Bothrops, but he has a few friends who he has a good time with and feels no pressure.

He is not interested in talking with people who are not his friends.



www.drpisios.com



J.T. KENT said:

“Lachesis seems to fit the whole human race, for the race is pretty well filled up with snake as to disposition and character and this venom only causes to appear that which is in man.”

“To that I will add that it is all snakes, not just Lachesis, who seem to fit a large part of humanity when sickness shows it’s worst self through egotism, vanity, envy, hatred, vindictiveness and cruelty.”

KONSTANTINOS PISIOS M.D.