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# Various Stages of Remedies

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Bill Gray

# Various Stages *of* Remedies

(Seminars in Burgh-Haamstede, The Netherlands)

This is the complete transcription of Bill Gray's seminar presented in May 1988 in Burgh-Haamstede, the Netherlands, edited by Ise Bos. All the (video) cases presented are included. However, the video cases do not contain the complete text, as this is hardly audible from the tapes.

## Bill Gray ABBREVIATIONS

VD = Video

AD = Audience

BG = Bill Gray

VP = Video, 'patient'

VI = Video, interviewer

VS = Video, speaker

VB = Video, Bill Gray

VW = Video, wife

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# **SEMINAR BILL GRAY 1988**

## **BURGH - HAAMSTEDE,**

### **THE NETHERLANDS**

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VD = Video

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VS = Video, showing impression

VB = Video, background information

VW = Video, partner (wife, husband)

**Editor: I. Bos**



## Publisher's Note

Teaching methods are best articulated by answering the questions, 'What is the purpose of education?' and 'What are the best ways of achieving these?' In earlier times, educational methods were largely informal, and consisted of learning through behaviour of elders, observation and play. Resources that help teachers teach better are typically a lesson plan or practical skill involving learning and thinking skills.

A book might be well written to any extent but a teacher will always add value to its understanding for a student. That is why classroom teaching has its own value which can never be denied or called of less importance. This is also how the idea of seminars started and are today considered to be one of the best ways of teaching and learning the advanced methods of study and to see the practical insights into the theory of the concepts of any subject.

The popularity of Homeopathy is enhancing each and every day and for its valuable propagation various organizations with the help of various pioneers of homeopathy organize various seminars and lectures.

It is actually not possible for anyone to be personally a part of these lectures but this book is an effort to bring these live descriptions of cases to all our readers and make them aware of the miracles these masters have done with homeopathy.

I am sure these seminars will be an eye-opener for all. With a keen inclination towards understanding the depth of Homeopathy this collection of seminars will definitely be a guiding light and open the aspects of practical edges of classical homeopathy.

**Kuldeep Jain**

C.E.O., B. Jain Publishers (P) Ltd.

# INTRODUCTION

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I have had a practice since 1971, in the United States. I studied medicine, but at the end of my studies I didn't really know if patients got better or worse by allopathic drugs.

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did. I studied with Withnail for two years in the seventies and I became a confident homeopath. In return for the knowledge and

## SECOND STAGE

It is extremely confusing using the repertory in another state of a remedy.

The physical stage keynotes disappear. The typical desires, the aggravation in twilight and the sleep position disappear. The bleeding tendency is more extreme, it involves internal bleeding, like intestinal or stomach bleeding.

The anxieties and the fears become worse, momentary fears will be there all the time now. They are anxious now all the time, a less focused kind of anxiety, it is like they are afraid of everything. They will worry a lot about other people, especially people close to them. They will be anxious about themselves and stay anxious about themselves. It is something they feel inside, as if it is their own - which is the clearest description of sympathy. This can be extreme, out of proportion, an obsession. They can't have anyone around without worrying, even when there is nothing the matter. A feeling as if the suffering of others is their own; just as if it is happening to them. Phosphorus can almost start to manufacture problems. "You are denying that you have got a problem, but I know you have got a problem," this is Phosphorus.

The anxiety about health increases. It becomes more a continued anxiety, whereas before it used to be every month or two. Every week they have different complaints, but now constant; this is where you would not like to be a Phosphorus. In this state Phosphorus is not happy, it really becomes an agony. But they are still very suggestible.

The fear of the dark is more intense. Before it was a vague fear in the dark; they couldn't really tell you why they were afraid. As if the dark is a power which is sucking them in. As if the dark is a threatening presence that is pulling them.

The fear of being alone comes to a point where they almost panic about being alone. They can't stay alone. Even disciplining themselves, trying to control themselves, they can't do it. They will telephone, just to talk, or they will invite people. I had one patient

who even paid people to stay with him, for instance during the weekend, when all his friends got out of town.

The enthusiasm and giving will diminish and the boundless energy will be lower. On stage, phosphorus is used as a very fast kind of flash, an exploding effect, like a match. No heat is generated. Phosphorus are easily excited and then they collapse. Like: Nux vomica, Calcarea carbonica or even the acids. They start to become exhausted. Their anxiety burns them out. A brief flash, compare the energy. They can burn themselves out easily.

AD: Do they go from Phosphorus to Phosphoricum acidum? Phosphoricum acidum is complementary.

BG: I have seen it, but not often. On the symptomatology, you would expect it. In the second stage of Phosphorus, Phosphoricum acidum overlaps the symptoms and Phosphorus is very similar to Phosphoricum acidum then.

### THIRD STAGE

A free-floating anxiety, a continued anxiety. All they know is that they are anxious. They really can't tell you about what, they are just anxious - a generalized anxiety.

'As if something bad is going to happen' comes in. They have a fear of impending disease, cancer and so on. Now the suggestibility becomes something of a entrenched thing. Now, actually they have a strong fear of death. Death is on their mind, they think of it a lot, and wonder what it must be like to die. When you die you disappear, it is a diffusion into universe and that is terrifying to them. Like it is imminent, like it can happen any minute.

The anxiety and fears can move into a state of real panic, a desperate state of fear. They can hyperventilate in this stage. Numbness, palpitations and chest pains, all out of fear. There is a difference in gradation from fear to panic. They have anguish, not just an anxiety about being alone, but anguish. A real pain, almost a physical sensation and not just an anxiety.



In this stage the physical keynotes have disappeared. There is no thirst, no desire for ice-cream, no sleeping on the right side and so on.

#### **FOURTH STAGE**

In this stage even the emotional symptoms disappear. The anxiety and the fears disappear and there are no physical symptoms.

The mind degenerates. They can't concentrate at all. The mind is impaired and the diffusion is increased. They have trouble to understand what other people say to them. The confusion of identity is so great that they really even no longer understand what is coming in and going out. Again this is like an extension of the diffusion, but it is no longer on the physical or emotional level; it is purely on the mind level.

They become indifferent to company, which is worse than apathy. Stupor, a pre-coma. They are just sitting and staring at the wall. Imbecility, stupidity. Often a stroke, or an apoplexy, CVA, happens because of diffusion in the blood-vessels. Phosphorus is the main remedy for people who had a stroke or an apoplexy. It can prevent a stroke, given at the right time in a Phosphorus case.

It is hard to really accomplish moving someone back from the fourth stage to the first stage. It is probably out of reach. The patient has advanced such a long period of time, the pathology is too much progressed. In constitutional cases, in the third stage often within two months the anxiety is diminishing, they become more suggestible and so on. But not the panic, not the continuous anxieties any more. Sometimes it takes years.

#### **EXAMPLE**

In the beginning of my practice I gave a Phosphorus 50 M to a man who had had a stroke and had ended up in a nursing house, several months later. He was paralysed and didn't respond to people with excitement, not even in his eyes. He didn't talk and so on. The