

Buddleia *Buddleia davidii*

This shrub, now a common naturalised shrub in some places, is named after one Adam Buddle, a cleric and amateur botanist who died in 1715, although the plant was not introduced into this country until the early part of the 20th century. It originates in China and Japan where it grows in mountainous gravel and granite beds. Its long arching branches and slender, conical, purple flower heads are now a common sight in gardens and cities. It tolerates pollution well and has the ability to thrive in poor soil with almost no foothold. It is rarely seen in the open countryside, but grows like a weed in derelict urban areas, even growing through cracks in buildings where it would appear to have no sustenance at all. It grows rapidly and its nectar-rich flowers attract butterflies to such an extent that it is called the Butterfly Bush.

Esoteric

Brings Buddha's light and love to earth. Bliss. Christ consciousness.

Capacity to connect people with the spiritual source, to take them through their fear to a place of sanctuary and ultimately the lodge within the heart.

It is a remedy without limits, it reaches high up and low down.

Aid for constant meditation running through the heart of life not set aside for a special time only.

Integrates spirituality and spiritual awareness into life.

Helps where there is a deep sense of separation and brings boundaries where they are necessary, for those who feel lost because they have no boundaries.

Enhances all special senses. Refines and purifies not only the five senses, but the sixth and seventh also.

Affinity with eyes bringing clarity; for those who are wide eyed and too open as well as being able to open those who are too closed.

Lets everything else drop away leaving only clarity

Keeps you calm and centred from the Heart and also can provide a shock to put you back on the path if lost.

Following the law of nature rather than the law of man.

Helps us contact the plant divas, especially the spirits of the trees.

Connected with growth - the spiritual metamorphosis which it facilitates.

Helps release us from ancestral bondage.

Feminine energy in the very broadest sense. It is receptive.

Balance between power and beauty, or liberty and necessity.

Lack of control. Sense that all vehicles were loose and being lifted up.

Give spiritual courage. Helps people cross the abyss and its action is quite gentle, like waves rippling out.

For those energies, human and divine, who have been lost in abyss, will bring them back to light.

Chakras

Links heaven and earth, Base, Crown and Heart.

Harmonises and joins the mind-body link through the Heart.

Integrates Base and Crown.

Keeps us grounded while maintaining a link through the Crown.

Strengthens Base Chakra.

Makes it safe for Kundalini to rise and helps it to.

Opens the Crown with safety and protection.

Sensation of pressure at the Upper Brow.

Brow Centre, Throat and Base.

Allows you to open the Heart Centre for true understanding and love, for you must bear no malice or resentment to any of your brothers as you move on.

Trauma

A powerful remedy for shock and trauma which has infiltrated the being on all levels, including the spiritual.

Works in a very powerful but gentle way, releasing layers of trauma and fear.

Its effect is to clear deep fear, shock and trauma from the psyche and remove the mutated symptoms of such.

This shock and fear and trauma can be from many lifetimes ago, for the psyche holds at all times the experience of past lives.

The effect of these traumas will gently leave your being and weights will feel lifted from you, allowing you to feel deep, deep peace and allowing you to surrender, which is at all times the only way forward.

Shock can often be seen in the aura as black 'ectoplasm' furring the higher centres and blocking communication with life.

Unless the seed of trauma is removed from the aura, the individual cannot completely live.

It can heal not only the individual's karma but also that of and their ancestors. It can heal even to the soul source. Has the ability to shift deep karmic patterns, to bring them to the surface where they can be seen and released.

Useful where there has been a shock from a previous incarnation and the effects are still apparent in this incarnation. Can work deeply.

For those in deep shock who do not want to take on life's task.

Coma. It will help maintain alignment and integrity of the higher bodies in a coma. It carries on working where Arnica stops.

Especially good given to any patient who has been in a hospital environment where there is little healing light and where their spirit will have taken on much trauma from other beings.

Helps heal the wounds and traumas we have created to the earth. Can be added to the water, sprinkled on the land.

A great injury remedy.

Specific to never-been-well-since blow to the head, especially the sides.

For birth trauma generally. Effects of birth trauma where the skull is compressed at the sides, like a forceps delivery.

Mute after a shock or a blow.

The effects of electric shock treatment.

After road traffic accidents.

Fear

Homeopathic tranquiliser.

Brings peace and a great degree of trust and faith that everything is perfect the way it is.

States of extreme anxiety focussed in the back of the throat and in the solar plexus.

Primordial fear going back to being banished from The Garden.

For those who cannot move forward without fear, who feel powerless, who choose to run away.

Paralysed by terror.

Panic attacks.

For people addicted to light and afraid of the dark.

A great remedy for anticipatory fears and tensions, forebodings. For children with anticipatory fear.

Anticipation felt in the stomach

Brings peace and clarity for people to relax into what is ahead of them.

Fear of being oneself.

Helps remove the fear of going into one's own light or power if the soul is indeed willing and ready to make that change. In these cases will initially calm the individual and help them to see.

Fear of incarnating.

Fear of the dentist or hospitals.

Birth & Death

A remedy for the transition in and out of incarnation.

Difficult birth created by the fear of the incarnating soul. Helps incarnating souls arrive on earth in peace and tranquillity.

With Orange, Sandalwood and Ether, a remedy to help the soul leave the physical body.

Brings infinite peace to the person who is passing over and to their relatives, shedding light and showing that there is no separation.

Detachment

Detachment, isolation, withdrawing into the self, not connecting with the Heart Centre.

Sensation of stillness when this is perceived negatively.

Stuckness and an inability to move forward.

Stilled emotions so that nothing is felt directly.

Detachment without sympathy although knows the feeling is there somewhere.

For those anaesthetised by gruesome things.

Deeply held grief and pain in the Heart, Thymus and Throat where the stillness acts to protect it and hide it where it is not felt.

Helps release a lot from this bound up state.

An inability to communicate from a failure to make connection, there is simply nothing to say.

Children

Helps children to become aware of spiritual contact where this broken.

Helps children make sense of their education, to understand their path.

Heals the effects of sexual abuse.

Heals the effects of bitter criticism received as a child.

For all those who have had to hide in order to grow, to hide inside or physically hide. Heals the effects of a despairing childhood.

It is very good for separation of the mother and child when the bond needs to be broken and neither side can break it. Closely linked to Folliculinum.

Down's Syndrome children.

Fathers

For children who don't know who their fathers are.

Children growing up believing their father to be someone else.

For children who have had no male energy in their lives.

Those who have no psychic connection or link, who have lost that contact with the father. Releases some of this sadness.

The remedy can't help the fathers because in this lifetime they are not able to do this.

It releases the grief and heals those who have been emotionally or physically abused by their fathers.

Mental

Non-development of mental and emotional faculties, follows routines and does what is expected.

Mental blockage.

Children who stare vacantly in a classroom. Don't understand why they are there. Electrical connection broken. Head and brain clogged. Brings clarity.

Chattering mind: prevents people from getting on and achieving; want to sleep to shut it out.

Emotional

Heals deep distress. Makes you feel safe and wanted and secure.

Those who do not nurture themselves, who are self-critical and give themselves a hard time, who think they are never good enough.

Brings peace, calmness and tranquility, a homeopathic relaxation.

Calm and the peace and wisdom after the storm of passion is spent, passion about anything.

Stabilising, balancing and creative.

People who find it difficult to cry; want to cry but can't.

For those who are burdened: bowed down, shoulders and spine bent with worry and adversity. Strengthens and straightens.

For those who have lost their backbone metaphorically, lost the ability to walk upright on all levels.

Remedy will lift and strengthen a broken spirit and bring joy back into the soul.

Brings light from out of the gloom; helps in real total despair.

Gives protection.

Brings playfulness, lightness, joyfulness, singing. Brings light where there is no hope; brings joy where there is sorrow and strength where there is weakness.

For those with big egos.

Encourages generosity in those who have achieved and helps them to give.

Gives us the ability to turn over a new leaf, make a fresh start.

Those stuck in routines, needing the will and the motivation to seek something new and different.

Dreams of being out of control with frustration at not being able to do anything about it.

Mid-life crisis, where what is needed is spiritual meaning.

Helps people to see better what is going on in their lives and around them and so make better judgements.

Useful for times when there are big decisions to be made, life choice points like a job.

Gives vision and detachment.

General

Works well before a general anaesthetic so this only touches the physical body. Modern anaesthetics are more dangerous than in the past and have a very damaging constitutional effect.

Excellent for syphilitic cancers in any part of body. Once given to the patient it will also help practitioner to see clearly.

Unties knots on all levels: in joints, in extremities, in rheumatics and arthritics, in the stomach, in the nerves.

Protects the nervous system. Connects the brain with the spine and nervous system.

Complete physical degeneration, broken down states. Wastage, emaciation and withering, with age or otherwise.

M.E. - simply fading away, almost emotionally fading away.

No sense of where the body is in space. Arms and legs feel big.

Physical

Head: headaches. Heavy head.

Good for brain tumours and hard nodules in and around the head.

L face, teeth and ear painful and numb.

Eyes: excellent for all pathology around ears and eyes and hypothalamus blockages.

For tumours in and behind the eyes.

Sticky eyes. Cataract. All levels of vision.

Ears: R ear - pressure and blockage, as if numbed; L ear - as if down a tube.

Mouth: after dental work.

Neck: gland swollen on L.

Stiff neck and shoulders. Clicking and crunching necks.

Higher aspects at the thyroid and pituitary.

Thyroid malfunction, lack of balance, especially where it involves the pituitary.

Breast: tumours.

Lungs: asthma. Tumours.

Heart: hypertensive states which yield to no other remedy. Enables the heart to breathe and see and understand again.

Skin: burns of all sorts - radiation, skin cancer, ordinary burns. Heals burn wounds quicker and decreases level of keloid scarring.

Skeleton, muscles & joints: major area of use is on spine and skeletal structure. Physical injuries to and all physical disorders of the spine.

Bones. Joints.

Cranial osteopathy.

Swelling, lack of connection, lack of muscle tone, tears in muscles, ankle sprains, swollen knees.

Paralysis; inability to move forward.

Severe pain R shoulder under the scapula.

Legs are weak and bent, physically or spiritually, gives strength and uprightness.

Sensation of heat down the back.

Fluids & kidneys: cleanses and purifies all the fluids in the body - mucus, lymph, water.

Strong affinity with the water balance in the body and the kidneys.

Homeopathic diuretic. Kidney stones.

Watery cysts from the bottom of the body and hard, dark nodules at the top of body.

Waterlogged swelling, fluid retention, bloating.

Sexual: disorders of the female organs, especially where there is sensitivity to moon phases. Fibroids, menstrual disorders, excessive loss of blood, black blood, endometriosis.

Period pains where a woman has a difficult relationship with her mother.

Good in childbirth.

Deep healing of sexuality.

Connections

Blue and mauve. Grey.

The number 10.

The path from Tiphareth to Gebura. Path of light. Courage.

Miasms

Syphilitic miasm.

Has the possibility of working more deeply than Syphilinum, for it goes beyond that level of trauma. Can work well to assist it. You will be surprised what you will see once this is given, for that which lies beyond what is hidden by the syphilitic miasm can truly, truly heal the spirit on many levels.

Remedies

Lycopodium - desire for material and status but unlike Lycopodium, there is an unwillingness to venture out and get it.

Clear Quartz. Rose Quartz. Phantom Quartz. Black Obsidian. Clay. Sycamore. Earthworm. Aconite. Diamond. Pearl. Lotus. Silver Birch. Phosphorus.

Follows Oak and all the Base Chakra remedies.

Copper Beech - life is withering away without achievement; premature ageing; also related to Conium.

Sequence of Natrum Mur, then Sea Salt, then Buddleia.

Use with Natrum Mur and Lachesis, with Belladonna and Agaricus.

Lies between Aurum Met and Argentum Met emotionally.

Arnica+Syphilinum+Buddleia is a very powerful combination for deep shock.

With Phantom Quartz for the shock brought in from a previous incarnation.

Prescribing Notes

Give the remedy when the patient cannot tell you their symptoms, don't know what the problem is, they say superficial things and cannot access the depths of their being.

Helps prescriber to see different angle to a case. Removes prejudice and allows perception of what remedy is needed.

Good remedy to be given with all present remedies for physical and emotional trauma. It will enable them to work much more deeply, to work on the spiritual trauma which blocks so deeply.

In lower potency useful as a cleanser and protector as used in an atomiser.