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Ferrum valerianicum

Ideas from the group:-

There's one rubric in the Repertory for this remedy!

Valerianicum side of the salt:-

- Can be very sensitive and can feign sickness
- There's no connection between their suffering and their pathology
- Hypochondriasis and exaggeration of everything
- Over-attention to their body functions

The *Ferrum* side has the fighting and the battle.

- So if we put these together, they may be exaggerated defensive
- Everything would be seen as an injustice to them
- Constantly complaining
- Exaggerated sense of injustice makes it almost impossible for them to reach their goal
- Both sides of the salt are very restless
- All symptoms would be exaggerated with violent pains

Massimo has only two cases of *Ferrum valerianicum*. Firstly, he prescribed *Ferrum phosphoricum* with little reaction. From the clinical point of view, the idea of being hysterical and exaggerated is in all the *Valerianicum* salts. One of the biggest issues for these salts are problems in the nerves – neuritis, sciatica, herpetic eruptions, brachialgia etc. The best cases with Massimo used *Valerianicum* salts were cases with severe problems in the spine; the classic situation where there is little evident from the clinical point of view, but from the subjective experience of the patients, these pains are completely unbearable.

Another interesting issue of the *Valerianicum* salts is that they commonly go to a new doctor with a previous, clear diagnosis that nothing at all can be done to help them. This is one of the main delusions of these salts. Part of this idea is because *Valerianicum* salts produce diseases that are not so easily detectable and are not so easily curable. From one side, these salts put any doctor in a very difficult position of understanding what is going on. It's the classic patient who you hope you'll never see again! The common history of these people is to be sent from one doctor to another for very many examinations and in the end very little happens. This increases their delusion that they are incurable and that doctors should not be trusted.

Most cases of this salt has a kind of sciatica affecting the upper limbs.

In some way *Ferrum valerianicum* could look like *Ferrum phosphoricum*. But where *Ferrum phosphoricum* seeks for communication, *Ferrum valerianicum* only wants to

complain. They just want somebody who will listen to their complaining; someone who can be a kind of container for their extreme anxiety. They don't attend with the idea that you can treat them.

As in other *Ferrums* we see this idea of extreme injustice in the world. They look more like *Ferrum silicatum* in the sense that it's important for them to make this idea that they have to fight very extreme. Whatever they encounter is so extreme that they need to fight everything, but they really don't have the energy to do this. They are alone, with very few people who can understand their drama of how much the world is corrupted and doesn't work.

In comparison to *Ferrum metallicum* they tend to look very cross, very nervous and much more decompensated.