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The Scientifically Intuitive Case Witnessing Process: The Journey of Three Steps

by Dr Dinesh Chauhan

From the perspective of would-be users of the method, this is a 'how to' book which aims to describe and explain the case witnessing process as distinct from the case taking process that students and practitioners, no doubt, feel they are already familiar with.

Reading the book from the perspective of an interested user I find it beneficial to have the concept and mechanics of case witnessing outlined so clearly and explicitly from the vantage point of Dr Chauhan, who can draw upon a wide repertoire of Indian traditions such as Hindu philosophy and the practice of yoga, as well as on the principles and practice of classical homeopathy, integrating these ideas with the current innovation in homeopathic methodology that has been developed by the Bombay School.

Dr Chauhan uses metaphor and analogy to illuminate his observations on the case witnessing process. In this task he is 'assisted' by a character he calls Oompah who is included to act as an 'umpire' 'commentator' and 'critic' on the concepts being proposed.

The book is divided into five sections, comprising an examination of homeopathy as a holistic discipline concerned with individualisation and seeking an understanding of what is termed in the book as the 'human core' The core is defined as encompassing the sensations, delusions or feelings plus the physical generals and particulars as well as materia medica symptoms and it is this

that is considered to be the totality of the individual. This section is followed by an outline of the case witnessing process, as defined by Dr Chauhan, with practical examples of its use from his own practice and from those of other practitioners who have learned to use it. It continues with a section addressing the issue of how the practitioner himself is changed and healed through the process of healing others.

The final summary is a welcome review of the steps involved in this process and which makes it easy to follow. The cases used for exemplification are abbreviated for inclusion in the book for practical reasons. There is a strong emphasis in the description of the cases, on the importance of body language and, in particular, on hand gestures, as well as on verbatim reports of the patient's language.

I would highly recommend this book to anyone who is interested in how the Sensation method has been developed and is currently being practised. In his work and his writing, the author incorporates a sensitive and intuitive appreciation of how people function with a scientific underpinning rooted in observation.

I think what I will take fundamentally from this book is that the individuality of the patient is expressed in the nonsensical or 'out of place' as Dr Chauhan describes it, language and movements that represent the 'altered pattern' of the patient's vital force, with the concepts of kingdom and miasm as developed by the Bombay School.